

# Bright Beginnings Preschool

## Menu

Jan 28 - Feb 1, 2019

Menu 1	Breakfast	Lunch	Snack
Monday	Raisin Bread Milk 100% Juice	Spaghetti Salad Bananas Milk	Animal Crackers Milk
Tuesday	Pancakes Apple Sauce Milk	Tacos Mixed Veggies Lettuce & Tomatoes Milk	Bananas Milk
Wednesday	Toastie O's Cereal Milk 100% Juice	Cowboy beans Pears Carrots Saltines Milk	Cheese Sticks Milk
Thursday	Rice Crisp Cereal Bananas Milk	Little Smokies Mixed Fruit Greenbeans Biscuits Milk	Graham Crackers Milk
Friday	Blueberry Muffins Milk 100% Juice	Chicken/cheese Pizza Peas Oranges Milk	Peaches w/ Whipped Cream Milk

\*SOMETIMES IT IS NECESSARY TO SUBSTITUTE SOME FOOD ITEMS. PLEASE CHECK MENU IN THE LOBBY FOR ANY CHANGES.\*

# Bright Beginnings Preschool

## Menu

Feb 4 - Feb 8, 2019

Menu 2	Breakfast	Lunch	Snack
Monday	Rice Crisp Cereal Milk 100% Juice	Chicken Nuggets Strawberries Peas Milk	Bananas Milk
Tuesday	French Toast Bananas Milk	Tacos Beans Lettuce & Tomatoes Milk	Saltines Milk
Wednesday	Toastie O's Cereal Milk 100% Juice	Meat Loaf Mashed Potatoes Corn Biscuits Milk	Cheese Crackers Milk
Thursday	Raisin Bread Applesauce Milk	Eggs Carrots Oranges Whole Wheat Bread	Ritz Crackers Milk
Friday	Blueberry Muffins Milk 100% Juice	Chicken/cheese Pizza Mixed Veggies Pears	Animal Crackers Milk

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# Menu

Feb 11-Feb 15, 2019

Menu 3	Breakfast	Lunch	Snack
Monday	Toastie O's Cereal Milk 100% Juice	BBQ Chicken Sweet Potatoes Green Beans Milk	Graham Crackers Milk
Tuesday	Pancakes Applesauce Milk	Tacos Corn Lettuce & Tomatoes	Animal Crackers Milk
Wednesday	Rice Crisp Cereal Milk 100% Juice	Turkey Sandwiches Tator Tots Bananas Milk	Cheese Sticks Milk
Thursday	Whole Wheat Bread w/ Jam Bananas Milk	Chicken & Dumplings Peas Carrots Milk	Saltines Milk
Friday	Blueberry Muffins Milk 100% Juice	Chicken/cheese Pizza Salad Strawberries Milk	Peaches w/ whipped cream Milk

# Bright Beginnings Preschool

## Menu

Feb 18-Feb 22, 2019

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Menu 4	Breakfast	Lunch	Snack
Monday	Rice Crisp Cereal Milk 100% Juice	Steak Fingers Mashed Potatoes Mixed Veggies Milk	Cheese Crackers Milk
Tuesday	French Toast Strawberries Milk	Tacos Beans Lettuce & Tomatoes	Applesauce Milk
Wednesday	Toastie O's Cereal Milk 100% Juice	Little Smokies Greenbeans Pears Biscuits	Bananas Milk
Thursday	Raisin Bread Bananas Milk	Chicken Alfredo Corn Oranges Milk	Ritz Crackers Milk
Friday	Blueberry Muffins Milk 100% Juice	Chicken/cheese Pizza Peas Mixed Fruit Milk	Saltines Milk

## Bright Beginnings Preschool

### Menus

Feb 25-Mar 1, 2019

Menu 5	Breakfast	Lunch	Snack
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Monday	Toastie O's Cereal Milk 100% Juice	Sloppy Joes Salad Peaches Milk	Cheese Crackers Milk
Tuesday	French Toast Applesauce Milk	Tacos Sweet Peas Lettuce & Tomatoes	Saltines Milk
Wednesday	Rice Crisp Cereal Milk 100% Juice	Goulash Corn Strawberries	Pretzels Milk
Thursday	Whole Wheat Bread w/Jam Bananas Milk	Chicken Nuggets Sweet Potatoes Pears Milk	Ritz Crackers Milk
Friday	Blueberry Muffins Milk 100% Juice	Chicken/cheese Pizza Bananas Mixed Veggies Milk	Graham Crackers Milk

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